

## AIA Mandatory Trainings

The Arizona Interscholastic Association (AIA) requires that each scholar athlete complete 2 trainings before they are eligible to compete in high school athletics. These trainings are “Opioid Education” and “Brainbook Concussion Education.” These trainings only need to be completed once for an athlete’s high school career. They are not yearly, once completed you do not have to worry about this requirement again. Below are the steps to completing this process.

**Step 1:** Visit the website: <https://academy.azpreps365.com/>

**Step 2:** Select “Get Started” and it will direct you to register an account. This allows the AIA to track whether you have completed this requirement and saves the results

**Step 3:** Fill out the registration page and click register.

**Step 4:** Click on the course you wish to begin and follow the instructions.

**Step 5:** Fill out the information regarding sports and select Heritage Academy Laveen as your school

**Step 6:** Once you have completed the course please print a copy of your certificate and include it with your physical/athletic packet you turn upload to registermyathlete.com

